

TeenVOGUE

BEAUTY & HEALTH

EVERYTHING IS
ILLUMINATED
DON'T LET PEELING,
BREAKOUTS, OR
SUNBURN GET
YOU DOWN



5

Turn to the pros

Though your face may feel dry, "Summer heat stimulates your sebaceous glands to produce excess oil," says New York City aesthetician Shyou Hung. Splurge on a facial with extractions a week before school—two weeks if you have a major breakout—to give skin time to bounce back.

saving
face

layers of skin will be exposed and the risk of scarring is greater."

3

Get swept away

If you want to smooth skin, even out tone, and alleviate pimples, exfoliate with a gentle scrub with fruit enzymes like papaya.